



Daycare Newsletter

March 2020

How is it already March! We have another busy month planned for the children.

The theme's we will be talking about this month are: Disney, Farm and Zoo.

We hope those that will be off for Spring Break enjoy their time away and we look forward to seeing you again at the end of March!

Much of the following is a repeat from previous months, but please continue to:

Dress your children accordingly as the cold temperatures are still upon us. Please still provide jackets and winter boots, mittens and toque, as it is still cold outside.

We are also encouraging children to eat healthy snacks in the morning and have a good start to the morning with a healthy breakfast. Please try to avoid giving chocolate, treats or sugary snacks to your child before daycare. If you are finding there isn't enough time to have breakfast at home, you are more than welcome to bring breakfast to daycare in the mornings. **Please bring a water bottle for daycare.** If you wish to send a juice box to daycare, it's a great **lunch or afternoon snack**.

We are finding we have lots of extra shoes around the daycare. As your children's little feet grow please take home their old shoes or we are happy to take them as donation for extra shoes for children who don't have any.

If your child does not fall sleep at daycare, we still require them to lay down have a short rest, please ensure you are still sending your child to daycare with a blanket and crib sheet to keep them comfortable and warm.

Please send your children's lunch with an ice pack, as everyone's lunch can not fit in the fridge at once.

Please label your children's belongings, (shoes, water bottles) as we are finding it difficult to find out who's is who's in the classroom.

Special days this month coming up,

Hot lunch days: March. 5th - HOTDOG DAY,
March.13th - BOSTON PIZZA,

March. 4th – DISNEY DRESS-UP DAY (Disney, fantasy, superheroes, etc.)

March. 17th – GREEN SHIRT DAY

March. 27th – PAJAMA AND STUFFY DAY

We wanted to share some information with our families with regards to Speech and Language. Every year we notice there are a few children that could benefit from being tested and possibly referred for Speech therapy. Please check out the attached information to see where your child fits in. We have also attached a schedule for the Fraser Valley - of drop in Clinics that Fraser Health provides - each area has them on a different day so please check your area. Langley is typically the last Tuesday of the month - it is a drop in clinic and the assessment is approximately 10 minutes.

We also wanted to provide you with an update regarding the Coronavirus. Fraser Health has been sending updates to us - reminding of cleaning protocols that we should follow. These protocols are the same as what we follow on a regular basis already - so we wanted families to know that we are doing our best to keep our room safe as possible from this virus.

Fraser Health also recommends the following for families to follow in order to keep yourselves protected as best you can from this virus:

1. Promote good hand hygiene and respiratory etiquette

Hand hygiene with plain soap and water is preferred in schools and childcare settings as the mechanical action of handwashing is effective at removing visible soil as well as microbes. In instances where hand washing sinks are not available, supervised use of alcohol-based hand sanitizers containing at least 60% alcohol may be considered. If hands are visibly soiled, alcohol based hand sanitizers may not be effective at eliminating respiratory viruses.

Students/children and adults in the childcare setting should clean their hands:

- before leaving home and on arrival at school
- after using the toilet
- after breaks and sporting activities
- before food preparation
- before eating any food, including snacks
- before leaving school

Respiratory etiquette in school/childcare settings includes covering the mouth and nose during coughing or sneezing with a tissue or a flexed elbow and disposing of used tissues in a plastic-lined waste container, followed by hand hygiene.

There should be sufficient handwashing stations (sinks and/or alcohol-based hand sanitizer) that students/children can easily clean their hands as required. Schools and childcare settings should also ensure:

- Sufficient tissue supplies and waste receptacles be placed to support respiratory etiquette recommendations.
- Students/children should be supervised and assisted in hand hygiene at teacher/caregiver discretion (for example, very young children may require support).

If you have any questions, please do not hesitate to ask,

Thanks, Megan, Janelle, Kaitlyn & Krystal

The names on the calendar below are for show and tell days. Please bring one toy from home to be shared at circle.

MARCH, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Sloane	3 Scarlett	4 Zoey <u>Disney Dress up Day</u>	5 Sienna Hot Dog Day	6 Alexis	7
8	9 Brolin	10 Keillor	11 Asher	12 Brianna	13 Carter <u>Hot Lunch Boston Pizza</u>	14
15	16 Jaylen	17 Ethan <u>Green shirt Day</u>	18 Lily	19 Kingston	20 Michael	21
22	23 Nakeem	24 Noela	25 Stella	26 Ryan	27 Mila PJ Day	28
29	30 Sebastian	31 Xavier				